

How are you?

- I'm good → when you are generally "good" as opposed to "I'm bad"  
is grammatically correct if you aren't directly referring to your health

- I'm well → when you are referring to your health for saying good or satisfactory

- I'm doing well → That's a correct answer to "How are you"

- I'm doing good → when you are doing good things like visiting homeless shelters & donating toys to children's hospitals  
good things

Some easy answers:

I'm good, I'm fine, I'm well ⇒ These are overused  
Instead you can say →

fairly ← Pretty + adjective

I'm pretty good, I'm pretty fine, I'm pretty well  
more in America

I'm fairly good

- quite good, quite well → These are much more formal

I'm really good, really well

→ when you want to emphasize you are really good

Some interesting responses :

I've never been better!

never been better! →

- you are feeling truly great

- So far, so good

→ If you're doing a task and you're talking about the procedure it means until now it's been going well

- Can't complain!

↓  
it depends on the tone of voice

Can't complain! ↗

my life is amazing but I don't want to brag about it so I'm just gonna say can't complain.  
→ talk proudly about

↓  
Poo! I can't complain! →

It means it could be worse

- Better than I deserve!

→ it's quite funny,  
tongue-in-cheek one

↘  
/adj/ is said as a joke, not seriously

## Silly responses:

→ make people laugh or cringe

If you are a dog lover and someone asks you how you are, you could say

If I had a tail, I would wag it.

## Flirty responses:

How are you?

- word on the street is that I'm pretty good

- I'm great, but I'm totally biased.

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when you are neither good nor bad ⇒

- I'm ok.

- I'm alright.

Alright is both a question and an answer.

- Alright?

- Alright.

- so so, I could be better

---

- not too bad

depends on tone of voice

→ 'not too bad → I'm good

↘ not too 'bad → I'm not great

- Could be better!

- I could also be worse!

- same old, same old!

→ if everything is really boring & average

- I'm alive → you're a little close to being bad

- I'm surviving!

- Good enough!

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Sarcastic responses:

- I'm alright now, but there's still time for everything to go horribly wrong

Flirty response ↘

- Better now that I'm talking to you.

## Negative responses :

If you feel terrible, you're not having a good day for whatever reason

A quite really good to start to complain or a negative phrase is starting with → I'm not going to lie ...

It's for preparing someone for the negativity that is about to escape your mouth

- I'm not going to lie ... I feel terrible ...

- I'm not doing so well.

- I'm struggling a bit.

→ struggling a little mentally and also emotionally, so

it's important to watch out for sb who says these to you because they might need a bit of support

- I'm snowed under.

→ you've just got too much work, you're completely under pressure or it's been a tough day week

- It's been a bit of a tough week

- I'm not having an easy time at the moment.

If you feel bad, but you don't necessarily want to talk about it

→ Avoiding the question:

- How are you?

- You don't want to know!

- Don't ask!

Honestly, just don't ask me!

- Do I have to answer that?

- I think you already know.

when sb asks "how are you" really in the morning

you can say

- shhh ...

it's too early to tell.

Ill responses:

- I'm feeling a bit under the weather. → I'm not feeling very well.

Funny negative responses:

- Overworked and underpaid!

" , but I'm doing ok, thank you.

slowly but surely dying. Actually. Aren't we all?

If you want to be sarcastic →

you can say

- Somewhere between <sup>sth boring</sup> blah and meh. → expression of indifference or boredom

↘ ↙  
/blax/ /me/

- Just hug me and leave it at that.