

# 1

# Wake Up!

## Vocabulary

I will learn to name daily routines and times.



## Song Time!



Listen, look, and say.

Monday, May 13



1 wake up



2 wash my face



3 eat breakfast



4 get dressed



6 play soccer



7 play video games



5 brush my teeth



8 do my homework



9 feed the cat



10 watch TV



Play the time game.

# Song

I will learn to ask and answer about daily routines and times.



**Listen and sing. What does Kate do?**

## Hurry, Kate!

It's Monday, 7:30.  
Kate has to wake up.  
Her mom sees the clock and says  
Wake up, sleepy head.

**Go, go, go! Hurry, Kate!  
Hurry, Kate! You can't be late!**

Kate eats breakfast, she gets dressed.

It's 7:45.  
It's time to go to school.  
And she can't be late!

**Chorus**

Kate has her backpack  
And she has her lunch.  
What time is it now?  
Oh, no, it's time to go!

**Chorus**



**4**

**Read, match, and say.  
Ask and answer.**

- |        |                           |
|--------|---------------------------|
| 1 7:00 | <b>a</b> seven forty-five |
| 2 7:30 | <b>b</b> seven fifty-five |
| 3 7:45 | <b>c</b> seven o'clock    |
| 4 7:55 | <b>d</b> seven thirty     |
| 5 5:25 | <b>e</b> five twenty-five |
| 6 4:10 | <b>f</b> four fifteen     |
| 7 4:15 | <b>g</b> four ten         |

When does she wake up?

She wakes up at seven o'clock.



**THINK  
BIG**

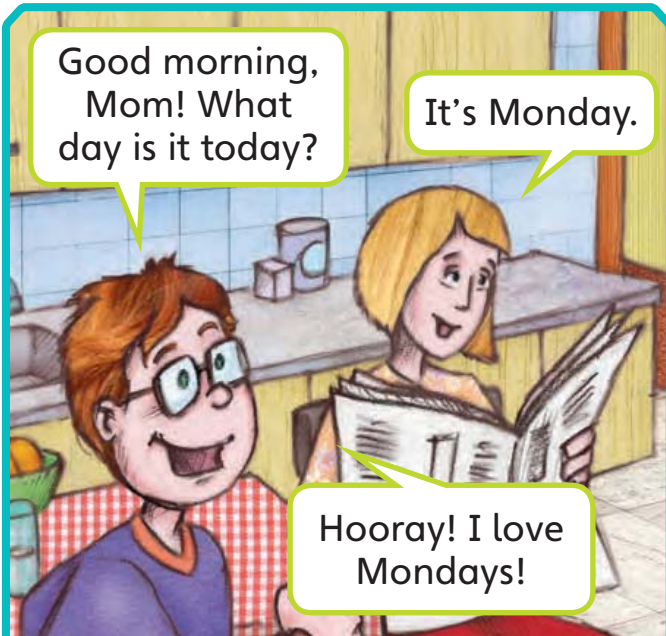
**Which activities do you do inside?  
Which do you do outside?**

# Story

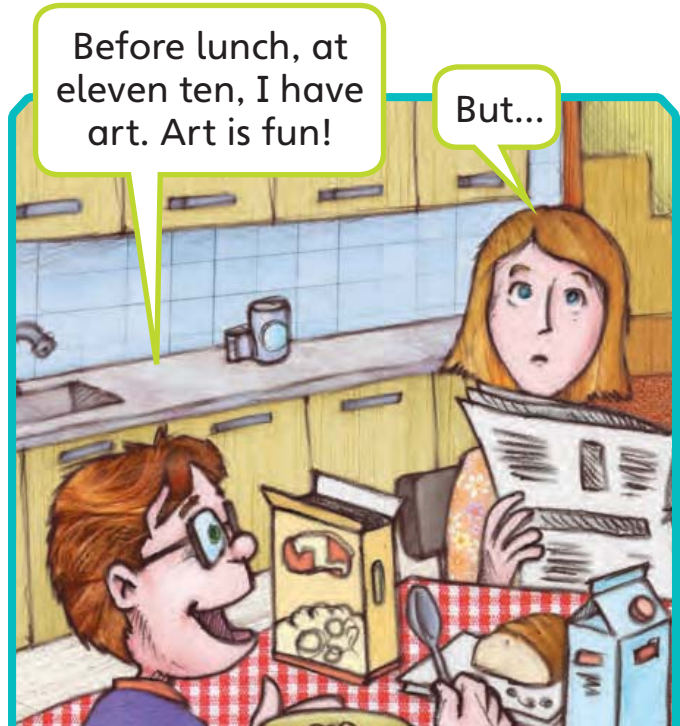
I will read a story about daily routines and times.

**5** Listen and read. What does Luke do after school?

## I Love Mondays!



**1** Luke wakes up and goes into the kitchen.



**2** Before school, Luke always eats breakfast.



**3** After breakfast, he brushes his teeth. Then he washes his face.



**4** He gets dressed.



**6** Read and say **before school** or **after school**.

- 1 Luke eats breakfast.
- 2 Luke gets dressed.
- 3 Luke plays soccer.
- 4 Luke puts on his shoes.
- 5 Luke wakes up.
- 6 Luke plays basketball.



Do you like Mondays? Why/Why not?  
What different things do you do on different days?

# Language in Action

I will listen to a dialog about daily routines and times.

14  
**7**

**Listen and read. Then say.**

**Jenna:** Hi, Ethan. Do you want to get together after school today?

**Ethan:** Sorry. I can't. I'm busy on Tuesdays.

**Jenna:** Really? What do you do?

**Ethan:** At 3:30, I have piano lessons. At 4:15, I go to soccer practice. Then I go home.

**Jenna:** Oh. What do you do after that?

**Ethan:** I do my homework, clean my room, and feed the dog. Then at 7:00, we eat dinner.

**Jenna:** Wow! You *are* busy.



**8**

**Look at 5. Ask and answer with a partner.**



What does Luke do before school?

He wakes up, eats breakfast, ...



15  
**9**

**Listen and stick. Number the pictures.**



I will learn to use *before* and *after* to ask and answer about daily routines.

What does he/she do <b>before/after</b> school?	He/She eats breakfast <b>before/after</b> school.
What do you do <b>before/after</b> school?	I do my homework <b>before/after</b> school.

## 10 Look at Claudia's schedule. Write **before** or **after**.

Claudia's Schedule	
6:30 wake up	3:15 get home
6:45 get dressed	3:30 watch TV
7:00 eat breakfast	4:45 do my homework
7:15 brush my teeth	5:30 play soccer
7:30 go to school	6:30 eat dinner

- Claudia gets dressed \_\_\_\_\_ school.
- Claudia does her homework \_\_\_\_\_ school.
- Claudia brushes her teeth \_\_\_\_\_ school.
- Claudia plays soccer \_\_\_\_\_ school.
- Claudia eats breakfast \_\_\_\_\_ school.

## 11 Read and match. Make sentences.

- |                            |                                |
|----------------------------|--------------------------------|
| 1 We eat breakfast before  | a at 5:00 in the afternoon.    |
| 2 I wake up at             | b we get dressed.              |
| 3 Paula washes her         | c after school, at 4:15.       |
| 4 Tim does his homework    | d face at 7:50 in the morning. |
| 5 Sandra plays video games | e 6:45 in the morning.         |

## 12 Look at 10. Talk about Claudia's schedule with a partner.



Claudia wakes up at 6:30 in the morning.

She gets dressed at 6:45.



I will learn about keeping clean.



Listen and read. What are bacteria?

# Keep It Clean!

## CONTENT WORDS

bacteria cough  
decay germs  
healthy sick sneeze



### Take a Shower

When your parents tell you to take a shower, they are giving you good advice. Wash your face, behind your ears, and under your arms. Be sure to wash your whole body well. Use warm water and soap to wash away bacteria. Bacteria are tiny living things that can make you sick.



### Brush Your Teeth

To keep your teeth strong and healthy, be sure to brush them twice a day. Brush in the morning when you wake up. And brush at night before you go to sleep. Brushing your teeth cleans away bacteria that can cause tooth decay. It's important to brush your teeth for at least two minutes at a time.

### Wash Your Hands

Every day, our hands pick up millions of germs that can make us sick. Be sure to wash your hands with soap and water for at least twenty seconds. Wash your hands before you eat, after you visit the bathroom, after you cough or sneeze, and any other time your hands get dirty.



Washing your hands, showering, and brushing your teeth are three easy things you can do every day to keep yourself clean and healthy.



Look at 13. Read and circle **T** for true or **F** for false.

- |  |   |   |
|--|---|---|
| 1 Bacteria can make you sick.                          | T | F |
| 2 Wash your hands only once a day.                     | T | F |
| 3 Wash your hands after you take a shower.             | T | F |
| 4 Brush your teeth for at least two minutes at a time. | T | F |
| 5 Brush your teeth five times a day.                   | T | F |



What other things can you do to stay healthy?  
Where can we learn about staying healthy?

I will learn about time zones.

19  
15

Read and complete. Then listen and check.



## Time Zones

- Do You Know What Time It Is?
- Is it the same time everywhere in the world? No, it's not.
- That's because the world is divided into time zones. Look at the map of the United States. It has four different time zones.



New York

### 1:00 in the afternoon

It's 1:00 in New York, and Manuel and his friends are finishing their lunch.



Texas

In Texas, it's 12:00, and Maria is just finishing math class.



Montana

John, in Montana, is hungry and is thinking about lunch. He looks at the clock. It's only 11:00 in the morning!



California

And for Kara, in California, it's only 10:00 in the morning.

### two hours later

Now it's \_\_\_\_:00 in New York, and school is over. Manuel is playing soccer.

In Texas, it's \_\_\_\_:00, and Maria is still in school.

It's \_\_\_\_:00 in Montana, and John is finishing his lunch.

Kara, in California, looks at the clock, and it's \_\_\_\_:00. Hooray! It's lunchtime!

### five more hours later

It is \_\_\_\_:00 at night now in New York, and Manuel is finishing his homework.

In Texas, it's \_\_\_\_:00, and Maria is eating dinner.

In Montana, it's now \_\_\_\_:00, and John is making dinner with his dad.

In California, Kara is playing with her sister. It's \_\_\_\_:00.

16

Work with a partner. Ask and answer.

- 1 When it's 6:00 in the evening in Montana, what time is it in California?
- 2 Manuel wakes up at 7:00 in the morning. What is Kara doing when Manuel wakes up?
- 3 How many time zones does your country have?

**THINK  
BIG**

It's ten o'clock in the morning where you are. Find out what time it is in Buenos Aires, Cairo, and Sydney.

I will learn to write sentences with subjects and verbs.

A sentence has a **subject** and a **verb**.

**She eats** breakfast before school.  
*She* is the subject. *Eats* is the verb.

**I ride** my bike to school.  
*I* is the subject. *Ride* is the verb.

## 17 Find the **subjects** and **verbs**. Compare with your partner.

- 1 I watch TV at 5:15.
- 2 Marcia brushes her teeth at 7:45.
- 3 We play soccer in the afternoon.
- 4 They do their homework at 4:30.
- 5 You eat dinner with your family in the evening.



## 18 What's missing, **subject** or **verb**? Complete the sentences and compare with a partner.

brother    cleans    She    Tom    wakes

- 1 Bridget \_\_\_\_\_ up at 6:45 in the morning.
- 2 \_\_\_\_\_ eats breakfast at 7:00.
- 3 Her \_\_\_\_\_ gets dressed at 7:15 in the morning.
- 4 Bridget \_\_\_\_\_ her room before school.
- 5 \_\_\_\_\_ plays video games after school.

## 19 Write three sentences about your day. Read them to a partner.

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I will learn to use the sounds a\_e, i\_e, and o\_e.

<sup>21</sup>  
 Listen, read, and repeat.

1 a\_e

2 i\_e

3 o\_e

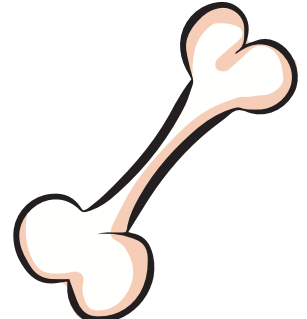
<sup>22</sup>  
 Listen and find. Then say.



face



bike



bone

<sup>23</sup>  
 Listen and blend the sounds.

1 g-a-me      game

2 c-a-ke      cake

3 t-i-me      time

4 n-o-te      note

5 h-o-me      home

6 sh-a-pe      shape

7 r-i-de      ride

8 l-i-ke      like

<sup>24</sup>  
 Read aloud. Then listen and chant.

What time is it?  
 It's time to play a game.  
 What time is it?  
 It's time to eat cake.  
 What time is it?  
 It's time to ride a bike.  
 What time is it?  
 It's time to go home.



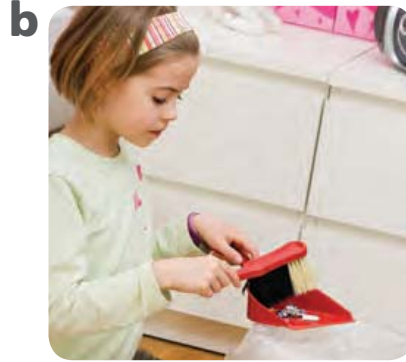
I will learn to talk about chores.

26  
24

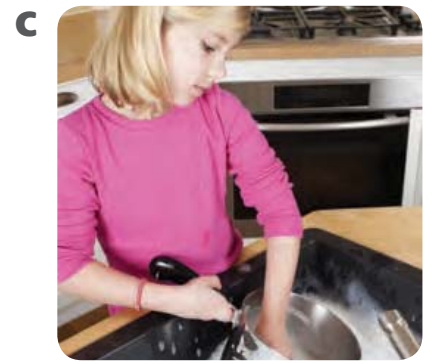
Look, listen, and point.



I feed the dog before school.



I clean my room after school.



I wash the dishes after dinner.

25

Look at 24. What might happen if they don't do their chores?



Project

26

What chores do you do at home? Copy the chart in your notebook and ✓. Then ask three classmates about their chores.

## CHORES

Chore	Me	1	2	3
feed pet				
clean my room				
wash the dishes				

## 27 Read and circle.

Mia likes Fridays! She <sup>1</sup>**wakes / wake** up on Fridays at seven fifteen. She washes her <sup>2</sup>**face / TV**, gets dressed, eats breakfast, and brushes her teeth <sup>3</sup>**before / after** school. Mia likes school on Fridays. <sup>4</sup>**Before / After** lunch, at 10:30 she has art class. She likes to draw! At 4:45 she <sup>5</sup>**play / plays** video games with her friends – they always play <sup>6</sup>**before / after** school. At 7:00 she <sup>7</sup>**eat / eats** pizza with her family. She loves pizza!

## 28 Play the Silly Sentences game.

6:15 in the evening

eat breakfast

Jack eats breakfast at six fifteen in the evening.

That's silly!



## I Can

- use words for daily activities.
- use *before* and *after* to talk about when things happen.
- talk about what I do every day.
- write sentences with subjects and verbs.

